

WEEK 1

THIS WEEK'S MENU

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026, 26/01/2026, 09/03/2026

|       | OPTION ONE                                                                                                                                                                                                                    | OPTION TWO                                                                                                                                                                                                                                                                                       | GRAB & GO                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON   | <div>PAN-ASIAN</div> <div><b>SWEET AND SOUR BEEF MEATBALLS</b><br/>with Wholegrain Rice and Vegetables </div>                              | <div>TEX MEX</div> <div><b>VEGGIE BURRITO</b><br/>with Baked Garlic &amp; Herb Wedges and Salad  </div>                    | <div><b>HOT DISHES:</b></div> <div>Paninis<br/>Pasta and Sauces <br/>Freshly Baked Pizza </div>                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| TUE   | <div>BURGER BAR</div> <div><b>JERK CHICKEN BURGER</b><br/>with Baked Garlic and Herb Wedges and Salad </div>                             | <div>BURGER BAR</div> <div><b>BLACK EYED BEAN BURGER</b><br/>with Baked Garlic and Herb Wedges and Salad </div>                                                                                             | <div>Jacket Potato and Toppings  </div> <div><b>SALADS:</b></div> <div>Tuna and Sweetcorn Pasta Salad <br/>Chicken and Bacon Pasta Salad <br/>Roasted Indian Chickpea Salad  </div> |
| WED   | <div>CLASSICS</div> <div><b>ROAST LOIN OF PORK WITH APPLE SAUCE &amp; STUFFING</b><br/>with Roast Potatoes, Vegetables &amp; Gravy </div> | <div>CLASSICS</div> <div><b>ROAST QUORN</b><br/>with Roast Potatoes, Vegetables &amp; Gravy </div>                                                                                                          | <div><b>SANDWICHES/BAGUETTES:</b></div> <div>Chicken Tikka Sandwich  <br/>Chicken Salad Sandwich <br/>Ham Salad Baguette <br/>Tuna Mayo Baguette<br/>BLT Baguette</div>                                                                                                                                                                                   |
| THURS | <div>STREET</div> <div><b>CHEESY BOLOGNESE HOT POT</b><br/>with Baked Garlic and Herb Wedges and Vegetables </div>                       | <div>STREET</div> <div><b>OPEN CAJUN VEGETABLE FAJITA</b><br/>with Baked Garlic and Herb Wedges and Vegetables  </div> | <div><b>WRAPS:</b></div> <div>BBQ Chicken Wrap  <br/>Chicken Caesar Wrap <br/>Crunchy Pepper and Houmous Wrap  </div>                                                                                                                                                |
| FRI   | <div>FRIDAY FAVOURITES</div> <div><b>TENNESSEE CRISPY CHICKEN BURGER</b><br/>with Chips, Baked Beans or Peas </div>                      | <div>FRIDAY FAVOURITES</div> <div><b>BBQ QUORN BITES</b><br/>with Chips and Baked Beans or Peas </div>                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |

 Vegetarian

 Vegan

 Oily Fish

 Wholegrain

 Nutritionist's Choice

 Halal

Our menu is subject to change.

WEEK 2

THIS WEEK'S MENU

W/C: 10/11/2025, 01/12/2025, 12/01/2026, 02/02/2026, 23/02/2026, 16/03/2026

|       | OPTION ONE                                                                                                               | OPTION TWO                                                                                                                     | GRAB & GO                                                                                                                                                                                        |
|-------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON   | <div>SPICE IS NICE</div> <div>CHICKEN TIKKA MASALA</div> <div>with Wholegrain Rice and Vegetables 🌿</div> <div>🥗 🍷</div> | <div>SPICE IS NICE</div> <div>SPINACH AND CHICKPEA DAHL</div> <div>with Wholegrain Rice, Vegetables and Mint Raita 🥗 🌿 🍷</div> | <div>HOT DISHES:</div> <div>Paninis</div> <div>Pasta and Sauces 🌿</div> <div>Freshly Baked Pizza 🥗</div>                                                                                         |
| TUE   | <div>BURGER BAR</div> <div>SRIRACHA CHICKEN BURGER</div> <div>with Baked Garlic and Herb Wedges and Salad 🥗</div>        | <div>BURGER BAR</div> <div>TIGER BHAJI BURGER</div> <div>with Baked Garlic and Herb Wedges and Salad 🥗</div>                   | <div>Jacket Potato and Toppings 🥗 🥗</div>                                                                                                                                                        |
| WED   | <div>CLASSICS</div> <div>ROAST CHICKEN</div> <div>with Roast Potatoes, Vegetables &amp; Gravy 🥗</div>                    | <div>CLASSICS</div> <div>ROAST QUORN</div> <div>with Roast Potatoes, Vegetables &amp; Gravy 🥗</div>                            | <div>SALADS:</div> <div>Tuna and Sweetcorn Pasta Salad 🍷</div> <div>Chicken and Bacon Pasta Salad 🥗</div> <div>Roasted Indian Chickpea Salad 🥗 🍷</div>                                           |
| THURS | <div>STREET</div> <div>FIRECRACKER BEEF</div> <div>with Wholegrain Rice and Vegetables 🌿</div> <div>🥗 🍷</div>            | <div>STREET</div> <div>VEGETABLE JAMBALAYA</div> <div>with Green Beans 🥗</div>                                                 | <div>SANDWICHES/BAGUETTES:</div> <div>Chicken Tikka Sandwich 🌿 🥗</div> <div>Chicken Salad Sandwich 🥗</div> <div>Ham Salad Baguette 🍷</div> <div>Tuna Mayo Baguette</div> <div>BLT Baguette</div> |
| FRI   | <div>FRIDAY FAVOURITES</div> <div>BATTERED FISH</div> <div>with Chips and Baked Beans or Peas</div>                      | <div>FRIDAY FAVOURITES</div> <div>BBQ QUORN BITES</div> <div>with Chips, Baked Beans or Peas 🥗</div>                           | <div>WRAPS:</div> <div>BBQ Chicken Wrap 🥗 🍷</div> <div>Chicken Caesar Wrap 🍷</div> <div>Crunchy Pepper and Houmous Wrap 🥗 🍷</div>                                                                |

🥗 Vegetarian

🥗 Vegan

🐟 Oily Fish

🌿 Wholegrain

🍷 Nutritionist's Choice

🥗 Halal

Our menu is subject to change.

WEEK 3

THIS WEEK'S MENU

W/C: 17/11/2025, 08/12/2025, 19/01/2026, 09/02/2026, 02/03/2026, 23/03/2026

|       | OPTION ONE                                                                                                                                                                                                                                                                             | OPTION TWO                                                                                                                                                                                                                                                | GRAB & GO                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| MON   | <div>BURGER BAR</div> <div>BUN-LESS BURGER BOX</div> <div>with Crispy Potatoes and Salad </div>                                                                                                     | <div>BURGER BAR</div> <div>BEETROOT AND FETA BURGER</div> <div>with Baked Spiced Wedges and Salad </div>                                                               | <div>HOT DISHES:</div> <div>Paninis</div> <div>Pasta and Sauces </div> <div>Freshly Baked Pizza </div> <div>Jacket Potato and Toppings  </div>                                                                            |
| TUE   | <div>PAN-ASIAN</div> <div>SWEET THAI CHILLI CHICKEN NOODLES</div> <div>with Salad  </div>                      | <div>PAN-ASIAN</div> <div>VEGETABLE NOODLE POT</div> <div>with Salad  </div>        | <div>SALADS:</div> <div>Tuna and Sweetcorn Pasta Salad </div> <div>Chicken and Bacon Pasta Salad </div> <div>Roasted Indian Chickpea Salad  </div>                                                                |
| WED   | <div>CLASSICS</div> <div>ROAST GLAZED HAM</div> <div>with Roast Potatoes, Vegetables &amp; Gravy </div>                                                                                            | <div>CLASSICS</div> <div>ROAST QUORN</div> <div>with Roast Potatoes, Vegetables &amp; Gravy </div>                                                                   | <div>SANDWICHES/BAGUETTES:</div> <div>Chicken Tikka Sandwich  </div> <div>Chicken Salad Sandwich </div> <div>Ham Salad Baguette </div> <div>Tuna Mayo Baguette</div> <div>BLT Baguette</div>                      |
| THURS | <div>STREET</div> <div>SRI LANKAN CHICKEN ROTI STIR-FRY</div> <div>with Wholegrain Rice and Vegetables  </div> | <div>STREET</div> <div>YAKISOBA SOYA NOODLES</div> <div>with Vegetables  </div> | <div>WRAPS:</div> <div>BBQ Chicken Wrap  </div> <div>Chicken Caesar Wrap </div> <div>Crunchy Pepper and Houmous Wrap  </div> |
| FRI   | <div>FRIDAY FAVOURITES</div> <div>SOUTHERN FRIED CHICKEN GOUJONS</div> <div>with Chips, Baked Beans or Peas </div>                                                                                | <div>FRIDAY FAVOURITES</div> <div>CHEESY BEAN BURGER</div> <div>with Chips and Baked Beans or Peas </div>                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |

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